nline Safety for Parents / Carers

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Parents & Carers often have anxieties or uncertainties about new technologies.

The aim of today's session is to:

- raise awareness of the risks of online activity

- discover ways in which we can lessen those risks

- understand the role that parents & carers play in

  enabling children to use the internet safely

- be aware of resources to support parents & carers

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Our children have never known a world without technology.

They have grown up using the latest technology and appear confident users of laptops, tablets and mobiles - BUT do they fully understand the choices they are making?

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What The School Does

- Checks websites and content

- Follows school's Online Safety guidelines

- Talks to children about being safe online

- Raises awareness in lessons and staff training sessions

- Embeds Online Safety teaching and learning across curriculum

- Identifies patterns of online use by children

- Reports any incidences of Online bullying or other Online Safety issues

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What you should be doing

- Talking to your children about how and when they access the internet

- Making sure you are aware of the current risks of using the internet

- Understanding how you can limit these risks

- Helping your child be a safe internet user

- Raising awareness of your child's digital footprint and the affect it may have on their future

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Your child Online

Habits

9 in 10

children under 10 go online [1]
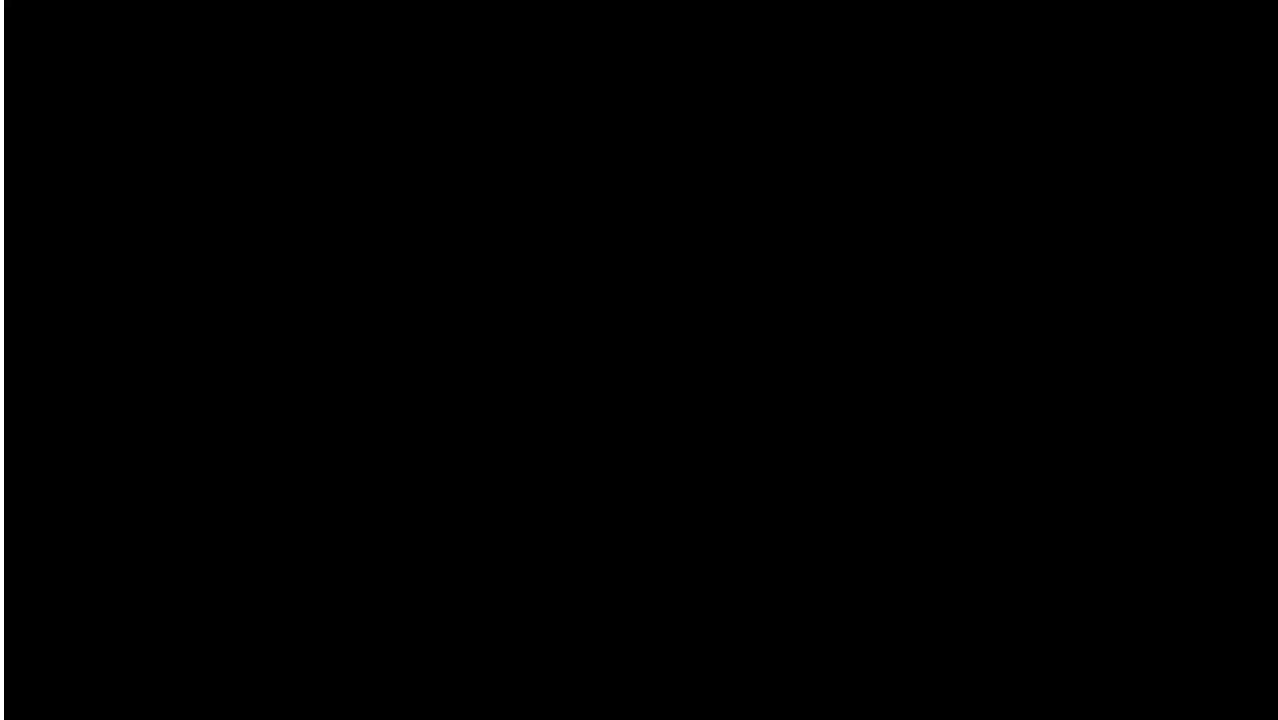
What are the risks?

Grooming

Online Bullying

Inappropriate Content

Losing Control of Online Content

Virus, hacking, security risks

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|	What is it?	How is it used?	Risk to children and young people
	Facebook 13yrs	Social networking	Grooming, contact from strangers
	WhatsApp 16yrs	Image sharing / Social networking	Images shared to a group so lose ownership / Online bullying
	YikYak 18yrs	Anonymous message-board style app	Online bullying
	Twitter 13Yrs	Social networking	Trolling
	Ask.fm 13 Yrs	Anonymous question and answer social network	Online bullying
	Club Penguin 6-14yr	Online multiplayer game	Grooming
	YouTube 18	Video sharing	Inappropriate content
	WeChat 18	Voice-message, photo, and video sharing social network	Grooming / Online bullying
	Snapchat 13yrs	Photo sharing app	Sexting / Online bullying
	Instagram 13yrs	Photo sharing app	Online bullying
	Whisper 17 yrs	Anonymous social media app	Anonymous online bullying
	Facetime Can be restricted	Online video/webcam calls	Grooming / Videos can be faked
	Pinterest 13yrs	Image sharing	Grooming by following user's interests
	Tinder 17 yrs	Location – based dating app	Uses GPS to identify user's location
	Facebook messenger 13 yrs	Instant messaging app	Contact from strangers
	Vine 17 yrs	6 second video sharing app	Inappropriate content / Online bullying
	Skype 13yrs	Online video/webcam calls	Grooming / Videos can be faked
	XBOX can be restricted.	Online gaming community	Grooming

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Do your children use any of these sites?

Many of these sites have social networking features
and children are
able to 'chat' online
to 'friends'.

Do you know who
these 'friends' are?

Do your children use these games consoles?
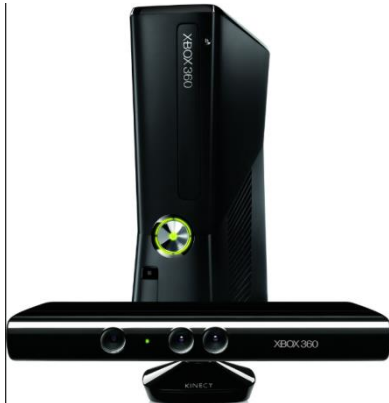
According to OFFCOM 41% of children
aged 5-15 have games consoles
in their rooms.

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What are the Online Safety risks when using games consoles?

Content: age-inappropriate material can be available to children in games and through online services

Some games might not be suitable for your child's age - they may contain violent or sexually-explicit content. The quality of graphics in many games is very high, so the games can appear very realistic. Many devices allow users to browse the internet, and watch films and TV, and some of the content available is not appropriate for children.

Contact: potential contact from someone who may wish to bully or abuse them

Many games allow gamers to play against people online, potentially from all around the world. While gaming you can communicate with people by text, voice or video chat. This might mean your child is exposed to offensive or aggressive language from other players. Bullying can also happen, which is known as 'griefing' in games, when players single out others specifically to make their gaming experience less enjoyable. Young people can also make themselves vulnerable to contact by those with a sexual interest in children if they give out their personal details.

31%
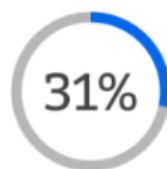
Concerns

of 7-11's said mean comments stop them enjoying time online [3]

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Conduct: children may be at risk because of their own and others' behaviour

Specific conduct risks for gamers include excessive use to the detriment of other aspects of their lives. This is sometimes referred to as 'addiction'. Gamers also need to think about their own behaviour and attitude towards other players, as well as the importance of not sharing any personal information.

Commercialism: young people can be unaware of hidden costs and advertising

There have been cases where children and young people have got into difficulty by inadvertently running up bills when playing games online. Some young people may also not be aware of advertising in games, for example, within the game there might be a billboard advertising a real-life product, or the whole game might be designed to promote particular products or brands.

Do you know how to protect your child?

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UK Safer Internet Centre

- **Keeping your personal details private.** Use a nickname instead of your real name and always ask your parents before giving out your name, address or phone number online.
- **Not sharing** your username or password with anyone.
- **Thinking** before you post. Once posted, it can be difficult to remove.
- **Not posting things that** you don't want others to know about or that you wouldn't say to their face.
- **Being respectful** of other people's content that you post or share. For example, a photo that your friend took is their property, not yours. You should post it online only if you have their permission.

What can I do to support my child being safe online?

- Encourage open dialogue with your child.

- Have a family agreement about which sites can and cannot be used

- Consider filtering & blocking certain sites / software, set up privacy restrictions

- Encourage children to think before they post or share and ensure they know how to protect their personal information

- Adhere to age setting for sites, apps and games

- Understand the law, where and how you can get support

- Save any evidence and report incidents

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Social Media

UK Safer Internet Centre

Social Networks

- Safety advice
- Safety tools
- Terms and conditions
- Age requirements

social media

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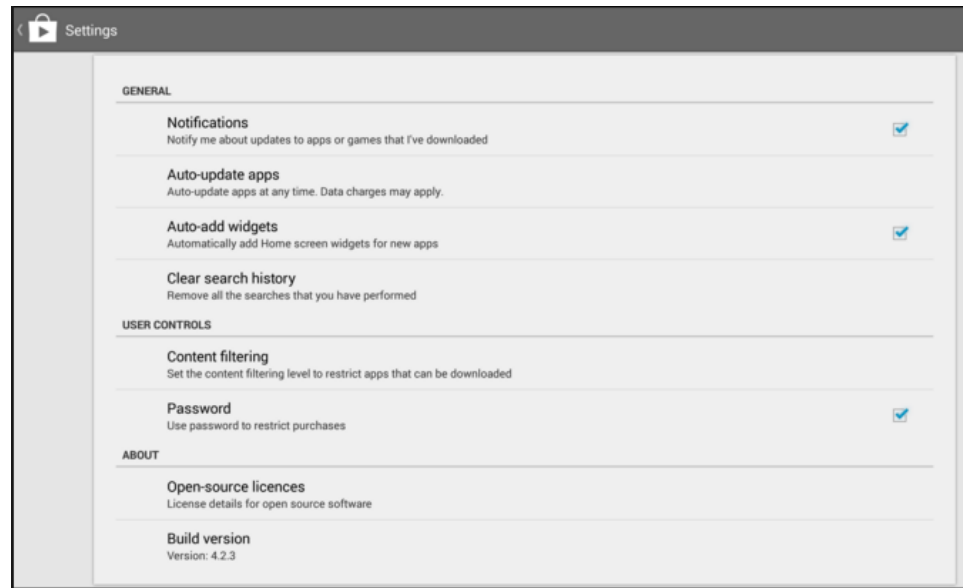
Parental Controls

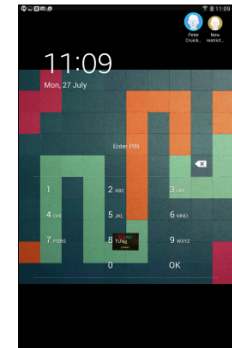Parental controls can restrict the content that can be purchased or downloaded.

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Use Restrictions on your iPhone, iPad, and iPod touch

You can use Restrictions, also known as parental controls, to block or limit specific apps and features on your iPhone, iPad, or iPod touch, including access to explicit content in the iTunes Store.

[iPad restrictions](#)

https://support.**app**le.com

1. Open your apps list and tap on the **Settings** icon.
2. Scroll down the settings page until you find **Users**, then press on it. On tablets like Samsung's, you might need to tap on the **General** tab at the top of the screen first.
3. Choose to add a new profile by tapping on the **small icon of a person** next to the magnifying glass in the top-right corner. As we're setting this up as a child's account, touch **restricted profile**.
4. At this stage you may be asked to set up a PIN or passcode for your user account. This will only appear if you haven't already secured your profile, and is necessary in order to stop your children bypassing parental controls by simply logging into the phone as you.
5. You will now see a list of all the apps currently installed on your tablet. Scroll down this list, adding a **tick** next to each app you want to block access to. When ticked, the app is *allowed*.
6. The account is now set up, ready for your children to use! To access the new profile, lock your tablet. When you go to unlock it again, the screen will display icons for each user profile in the top-right corner. Tap on your child's profile name to sign in as them. Any apps you turned on in the previous step will be accessible. Any others won't appear and can't be accessed until you switch users at the lock screen.

http://www.geeksquad.co.uk/articles/set-up-parental-controls-android

Safer Browsers

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Scroll to the bottom of any You Tube page and select
Restricted Mode tab.

www.npw.uk.com

Google Safe Search

Search settings

Advanced search

History

Search Help

Send feedback

Privacy   Terms   Settings
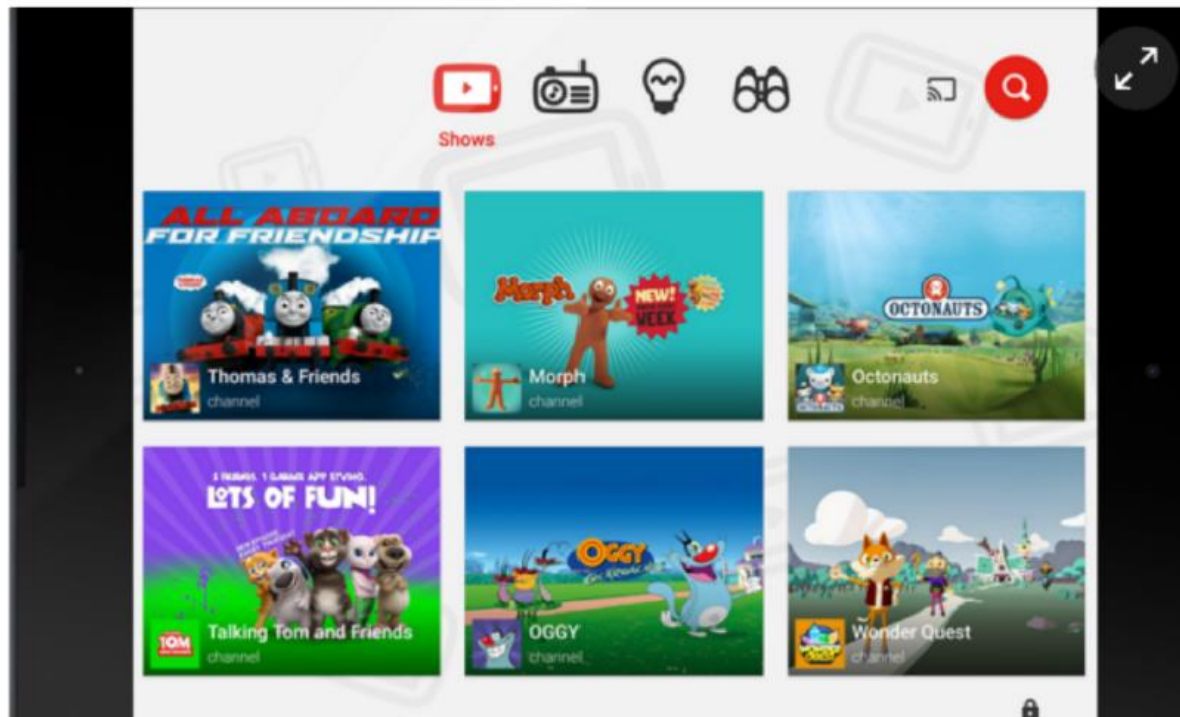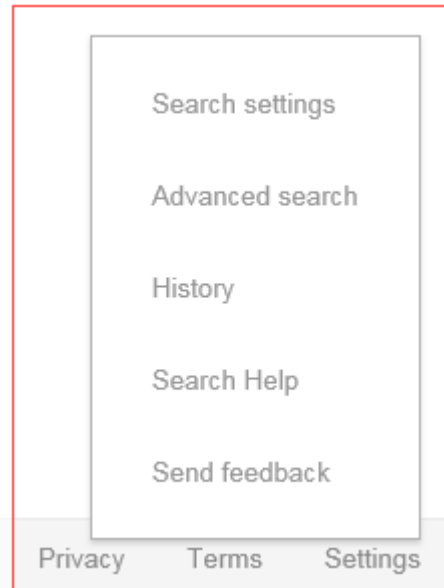
SafeSearch Filters

SafeSearch can help you block inappropriate or explicit images from your Google Search results. The SafeSearch filter isn't 100% accurate, but it helps you avoid most violent and adult content.

☑ Turn on SafeSearch   Lock SafeSearch

Save   Cancel

Saved settings are available whenever you sign in.

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Further Help and Advice

INFORMATION & ONLINE RESOURCES

1. UK SAFER INTERNET CENTRE

UK Safer Internet Centre: The European Commission appointed UK Safer Internet Centre is made up of three partners; Childnet International, the South West Grid for Learning and the Internet Watch Foundation. Together we raise awareness about internet safety, develop information materials and resources and organise high profile events such as Safer Internet Day. You can access a range of resources from across the UK, Europe and wider afield at www.saferinternet.org.uk/parents.

Childnet: Childnet International is a non-profit organisation working in partnership with others around the world to help make the internet a great and safe place for children. The Childnet website hosts all the online resources detailed below, as well as a number of recommended resources for young people, parents, carers and teachers. The Parents and Carers area also contains key advice, information on reporting and detailed information on a range of e-safety topics in the Hot topics section. www.childnet.com

South West Grid for Learning: The South West Grid for Learning (SWGfL) is a not for profit, charitable trust dedicated to the advancement of education through information and communication technologies. They provide safe, supported broadband internet, teaching and learning services for 2,500 schools in the South West of England and e-safety education and training regionally, nationally and internationally. They provide professionals, parents and children with advice, resources and support to use internet technologies safely to enhance learning and maximise potential. www.swgfl.org.uk

Internet Watch Foundation: The Internet Watch Foundation is the UK's hotline for reporting illegal content found on the internet. It deals specifically with child abuse and criminally obscene images hosted in the UK and internationally. The IWF works in partnership with the online industry, law enforcement, government, and international partners. It is a charity and a self-regulatory body with over 100 Members from the online industry. www.iwf.org.uk

2. SAFER INTERNET DAY

Safer Internet Day: Celebrated globally every year, Safer Internet Day offers the opportunity offers the opportunity to highlight positive uses of technology and to explore the role we all play in helping to create a better and safer online community. It calls upon young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers, and wider, to join together and play their part for a better internet. Ultimately, a better internet is up to us! www.saferinternetday.org.uk

3. FACTSHEETS/INFORMATION FOR PARENTS & CARERS

Supporting Young People Online: A free guide created by Childnet providing Information and advice for parents and carers on supporting young people online. The advice is also available in 12 additional languages including Arabic, Hindi, Polish, Spanish, Urdu and Welsh. www.childnet.com/resources/supporting-young-people-online

Information and Advice for Foster Carers/Adoptive Parents: The UK Safer Internet Centre has worked together with Islington Council to create leaflets for foster carers and adoptive parents. The leaflets, which are free to download and easy to print, include top tips and conversation starters to help foster carers and adoptive parents get to grips with internet safety. www.saferinternet.org.uk/fostering-adoption

Keeping Young Children Safe Online: Children love using technology and are learning to navigate websites, online games and consoles, and touch screen technology like iPads and smartphones from a younger and younger age. This advice contains top tips for parents and carers for keeping young children safe online. www.childnet.com/resources/keeping-young-children-safe-online

Parents and carers

Advice about key esafety topics like social networking, as well as how-to guides for setting up filters and parent settings.
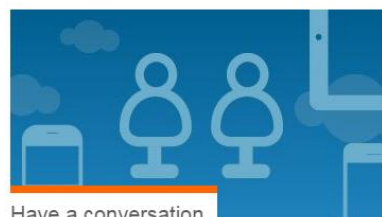
Have a conversation
Speaking to children about staying safe online is the most important thing you can do as a parent.

Safety tools on social networks and other online services
Get to grips with the different safety tools available on online services like YouTube, Facebook, BBC iPlayer and Google Chrome.

Parental controls offered by your home internet provider
Video guides from BT, Sky, TalkTalk, Virgin Media about how to set up parental controls and filter your home internet.

Parents' Guide to Technology
Advice about smartphones, gaming devices, tablets and other internet-connected devices like the iPod Touch.

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There are many safe and secure sites that children can use, ask
the school which ones they recommend.

Thank You

Any questions?