








WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lamb Burger in a Bun with Salad & Spicy Wedges	Lamb & Vegetable Tikka Masala with Basmati Rice	Roast Chicken & Stuffing with Roast Potatoes	Savoury Chicken & Sweetcorn Pancakes & New Potatoes	Traditional Keema with Naan Bread
Fisherman's Pie	Italian Style Fish Fillet with Pesto & Cherry Tomatoes	White Fish Bake with Roast Potatoes	Cheesy Tuna Pizza	Fish Fingers with Chips 
Chick Pea & Potato Curry with Peshwari Bread	Vegetarian Lasagne & Focaccia	Mixed Bean Hot Pot	Cheese & Tomato Pizza	Cheese & Onion Slice with Chips
Sweetcorn & Fresh Broccoli	Fresh Cauliflower & Garden Peas	Organic Carrots & Fresh Cabbage 	Mini Corn Cobbett & Grilled Tomatoes	Garden Peas & Baked Beans
Pear & Chocolate Crumble with Custard	Tutti Frutti Flapjack	Sticky Honey & Orange Cake with Custard	Fruit Cheesecake	Fruit, Jelly & Ice Cream

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baked Sausages with Mashed Potatoes	Pasta Bolognese Bake & Garlic Slice	Roast Turkey & Yorkshire Pudding with Roast Potatoes	Glazed BBQ Chicken & Herby Diced Potatoes	Chicken & Sweetcorn Pie with Puff Pastry & Jacket Wedges
Jacket Potato with Tuna & Sweetcorn	Fish in Creamy Coconut Curry with Basmati Rice	Ciabatta Tuna Melt	Fish In Cheese Sauce & Herby Diced Potatoes	Fish Fillet in Batter with Jacket Wedges
Quorn & Pepper Frittata with Mashed Potatoes 	Veggie Burger in a Wholemeal Bun with Salad	Chick Pea & Potato Curry with Rice	Vegetarian Pasta Bake	Warming Winter Crumble with Jacket Wedges
Fresh Cauliflower & Mixed Vegetables	Mini Corn Cobbett & Fresh Roasted Peppers	Organic Carrots & Garden Peas 	Sweetcorn & Fresh Broccoli	Garden Peas & Baked Beans
Fruit Smoothie	Peach Melba Sponge Slice with Custard	Apple & Pear Crumble with Custard	Cornflake Cracknel	Frozen Yoghurt with Fruit

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti and Meatballs in a Marinara Sauce	Chicken & Vegetable Jolloff Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Lasagne with Garlic & Herb Slice	Greek Style Chicken Souvlaki with Herby Diced Potatoes
Creamy Fish Pie with Lemon & Parsley Mash	Fish Finger Wrap with Tomato & Basil Mayo 	Crunchy Cod Crumble with Roast Potatoes	Neapolitan Tuna Pasta Bake with Garlic & Herb Slice	White Fish Bake & Lemon with Herby Diced Potatoes
Vegetable & Lentil Curry with Rice	Vegetarian Shepherd's Pie	Quorn Sausage in Gravy with Roast Potatoes 	Spanish Omelette with Baby Baked Potatoes	Vegetarian Chill with Rice
Garden Peas & Roasted Vegetables	Sweetcorn & Green Beans	Organic Carrots & Roasted Autumn Vegetables 	Winter 'Slaw & Country Vegetables	Baked Beans & Garden Peas
Peaches & Custard	Citrus & Coconut Sponge with Custard	Chocolate & Mandarin Mousse	Carrot & Sultana Cake with Custard	Mini Scotch Pancake with Fruit

Halal and Non Halal meat served at this school. All items are subject to availability.

MENU DATES FOR PARK PRIMARY SCHOOL

OCTOBER 2017	NOVEMBER 2017	DECEMBER 2017	JANUARY 2018	FEBRUARY 2018	MARCH 2018
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1	1 2 3 4 5	1 2 3	1 2 3 4 5 6 7	1 2 3 4	1 2 3 4
2 3 4 5 6 7 8	6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	5 6 7 8 9 10 11	5 6 7 8 9 10 11
9 10 11 12 13 14 15	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	12 13 14 15 16 17 18	12 13 14 15 16 17 18
16 17 18 19 20 21 22	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	19 20 21 22 23 24 25	19 20 21 22 23 24 25
23 24 25 26 27 28 29	27 28 29 30	25 26 27 28 29 30 31	29 30 31	26 27 28	26 27 28 29 30 31
30 31					

 WEEK 1
 WEEK 2
 WEEK 3

Additional Daily Food Options

- Fresh Seasonal Fruit Platter
- Fresh Yoghurt
- Cheese & Biscuits
- Homemade Bread

PARK PRIMARY SCHOOL