

# PARK NEWSLETTER



*Ensuring every individual achieves their best through high expectations for all;  
with a focus on confidence, creativity, care and aspiration.*

29th January 2021

## Mrs Ttoffali's Weekly Update

Dear all,  
Happy Friday, it is a miserable one: nothing like last Friday where the sun shone and the air was crisp. This weekend marks the start of Children's Mental Health Week and the theme is 'Express Yourself'. I figured that there is a child inside all of us so I thought I would express my current mental health to you today - I hope that is ok. I am finding that some days I am fine and others I feel very sad although I am unsure why. I am grateful for all that I have and am and I have no real reason to feel low; yet sometimes I do. Today is my daughter's 16th birthday and I am marvelling at how birthdays allow people to willingly share the way they feel. Today she knows how special she is and she is fully aware of how much she is loved. Despite this joyous occasion, I remain a little sad because I want more for her. I would love for her to be laughing/ connecting with her friends and going out for a nice meal somewhere. As I reflect though, I realise that I am worrying about things which I cannot control so what do I need to do? I need to leave work straight after school and go home; I need to spend a lovely afternoon and evening with my 16 year old; we need to laugh together and be together; I need to make her day as good as it can be because that is within my power. I think what I am trying to say is, at this time, it is perfectly normal to feel low and not know why. In trying to improve our mental health though, worrying about the things we have no control over will not result in us feeling better.



Covid Update : Please read, as always, the [Newham London Update](#) for your bigger picture of the Newham context. With regards things here at Park:

- we find ourselves with double the amount of children at school than the Newham primary average and we have excellent attendance online (in a Y6 English live English lesson this

on Weds we had 96% attendance - phenomenal!).

- We have learned this week that we will not be returning on 22/2/21 and indeed that the earliest date for a fuller return is 8/3/21. I am sure that in the week commencing 22/2/21 we, in schools, will be asked to formulate our plan for full return and this will be shared with you soon as it is possible to do so.
- We have access to Lateral Flow Tests for all staff members. Staff are being encouraged to test themselves twice weekly. If they do and they are without symptoms yet positive, they will stay away from school and thus we can minimise the risks of passing the virus on unknowingly.
- We await any news relating to vaccinations for school staff. In order for staff to feel safer with a full return to school, we are hopeful that there will be a movement to vaccinate school staff as quickly as possible.

Healthy School Streets Update: I was informed yesterday that the Healthy School Streets is not in its implementation phase yet, despite telling you last week that it was up and running on 18th - I am sorry. Apparently they will send out more communication when we approach full reopening. I will continue to keep you informed to the best of my ability.

Have a lovely weekend everyone, I promise to enjoy my lovely daughter and ensure she has the best of lockdown birthdays. What's your promise to yourself this weekend? Remember, our positive mental health depends upon us being kind to ourselves: adults and children alike. Natasha Ttoffali

FYI: **The school is closed on 11/2/21**. We will have a few children of key workers on site; if you are desperate for our support on that day please let us know by the close of business today. If you are a key worker, you should have received a message via Dojo

earlier this week in relation to this. **We will be closed 15th - 19th February inclusive.**

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## Wrap Around Care

We are pleased to say that our wrap around care will continue for key worker families throughout the lockdown period. If you would like to book a place for your child then please do so via Scopay.



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## ☆☆☆☆ Stars of the Week ☆☆☆☆

### Early Years (Little Park & Reception)

**Isa** (Mexia Class) for showing confidence and curiosity in his new environment and settling into school with enthusiasm and excitement.

**Kyle** (Tenzing Class) for showing excitement to be in school and confidence in exploring his new setting with a mixture of new faces in the Reception and Nursery bubble.

**Afsa** (Coleman Class) for settling into school with curiosity and confidence, she has shown enthusiasm to build friendships within her new class.

**Josie** (Jemison Class) for persevering with her reading online with Ms Edward this week. She has also been a real concentrating crocodile with her online learning.

**Yusuf** (MacArthur Class) for showing a great interest in all of his online learning and becoming increasingly confident with his sounds and reading.

**Audrey** (Seacole Class) for being a 'Persevering Parrot' and continuing to practise reading CVC words even when she finds it tricky.

### Key Stage 1 (Years 1 & 2)

**Angel** (Aldrin Class) for being a concentrating crocodile, it is great to see you working so hard at home. Ms Rocio has also told us about how well you are doing in her sessions. Well done!

**Nancy** (Attenborough Class) for being a concentrating crocodile during the google meets. We especially liked your Little Red Riding Hood cape you wore on Friday.

**Dylan** (Marco Polo Class) for the amazing work that you have uploaded and your dedicated approach to learning. I am so proud of you.

**Aidan** (Einstein Class) for all that you bring to Einstein Class. You will be very much missed and we know that with your shining personality you will settle into your

new school just fine!

**Ayub** (Marie Curie Class) for really throwing himself into online learning. It has been lovely seeing your submitted work on Google Classroom, Ayub. Keep it up!

**Brian** (Pasteur Class) for being a Go for it Gorilla! Brian, it is wonderful to see you giving everything a go even if you aren't confident about the task you have been given. Well done.

### Lower Key Stage 2 (Years 3 & 4)

**Hasaam** (Da Vinci Class) for his engagement and enthusiasm during his live Google Meet sessions. Well done and keep it up!

**Nancy** (Galileo Class) for her amazing effort within our online classroom and not letting finding things tricky stop her from trying. Keep building that resilience Nancy, well done!

**Milana** (Edison Class) for her hard work in mathematics this week. You collaborate with your peers so well and you are never afraid to ask for support which is a fantastic quality to improve your learning.

**Jasurbek** (Berners-Lee Class) for having a positive approach to learning and rising to new challenges that have helped him to build resilience. Well done Jasurbek, it's wonderful to have you join Berners-Lee class.

**Ingel** (Hawking Class) for always being ready to learn and showing a real dedication to her work! Ingel is always ready to answer questions and give things a go with a big smile on her face.

**Ibrahim R** (Brunel Class) for being a model digital citizen, he always compliments other people's work, is polite, ready to unmute himself, submits high quality work and is always so keen to learn. Well done Ibrahim, you have impressed all the year four teachers!

### Upper Key Stage 2 (Years 5 & 6)

**Ronnie** (Gandhi Class) for being a very active participant on the google meets and for completing all his work on a daily basis.

**Rasikh** (Helen Keller Class) for confidently participating during online lessons and listening carefully to feedback to support his understanding.

**Naomi C** (Rosa Parks Class) for her care, dedication and focus on her online learning. Keep up the hard work.

**Mary** (Mandela Class) for always making excellent contributions both in school and online, and collaborating so well with her peers.

**Fajar** (Malala Class) for her determination to maximise her learning while learning from home: attending every live lesson, submitting assignments, reading her teacher's feedback and acting on that feedback to improve her work. Well done, Fajar.

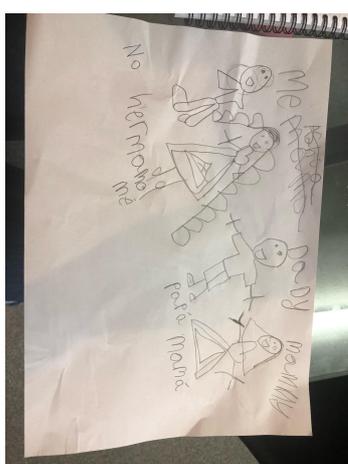
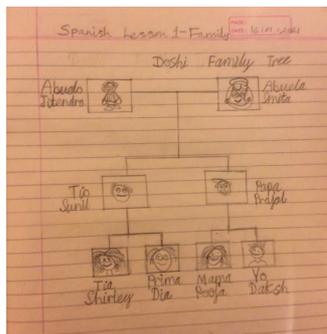
**Anisa A** (Pankhurst Class) for her increased confidence in joining in class discussions. It has been wonderful to see her develop the courage to participate in our live sessions.

Congratulations to this week's stars and thank you for being so fabulous. We're all really proud of you!



## Blended Learning

These photos are a snapshot of the incredible things that have been achieved this week.



The sun can't run but it can have fun.

The sun can't cool but it can make us drool!

The sun can't moo as it does not have a shoe.

The sun can't get movies to watch but it can get groovy!

The sun shines but it is not mine or is it?

The sun just loves to talk but I know it can't do some things but it is really cool!!!!!!

Learning at Park is so 'delicious' that you should not be resisting it; please ensure your child is part of the action! If you are having problems in accessing, connecting etc then please let us know on:

[blended.learning@park.newham.sch.uk](mailto:blended.learning@park.newham.sch.uk)

Please note the new email to contact for queries relating to this.

## Children's Mental Health Week

Next week is Children's Mental Health Week. The theme of this year's Children's Mental Health Week is 'Express Yourself'.



Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. It is about finding a way to show who you are, and how you see the world, that can help you feel good about yourself.

As parents and carers, you play an important role in your child's mental health. Check out Place2Be's free resources via the link below.

[Parents and Carers](#)

## Newham Family Support Workshops

**A message from Newham Family Support.**

Dear Newham Parents, Carers and Young People, Need some support for yourself or your family during lockdown? Not sure where to start? Join us for our weekly workshops taking place every **Thursday, 4pm-5pm** on **Zoom** and we will inform you of the support that is available to you in Newham.

We want to make sure that every family in Newham knows about the amazing support on offer, especially

during this difficult time. This includes support for wellbeing and mental health, finances, housing, befriending and much more. Click the link below to join our workshop!

[Join Zoom Meeting](#)

### Workshops

Supporting teenagers during the Coronavirus pandemic	Thursday 4 <sup>th</sup> February 2021, 4-5pm
Supporting children during the Coronavirus pandemic	Thursday 11 <sup>th</sup> February 2021, 4-5pm
Taking care of yourself during the Coronavirus pandemic	Thursday 18 <sup>th</sup> February 2021, 4-5pm

### Virtual Sharing Assemblies

We'd like to say a huge thank you to our Year 3 in-school bubble children for showing us their fantastic learning this week.



Parents and carers, don't forget that our assemblies are being posted weekly so please do take a look at them from the comfort of your own home on our [Park Primary Home Learning YouTube Channel](#).

### Dates for the Diary

[2020-2021 School Calendar](#)

#### February

**Thursday 11th** - Parent/Carer

Consultation Day - **SCHOOL CLOSED**

**15th (Mon) - 19th (Fri)** - Half Term - school closed



### Thank You Morrisons!



We would like to say a huge thank you to the Morrisons Champions for their food donations. If your family needs any support in accessing food then please contact us at [info@park.newham.sch.uk](mailto:info@park.newham.sch.uk) or phone the school office and we will be more than willing to help you.

### Parent Support Hub

Sphere Support CIC is launching a brand new project to help families in difficult situations and in need of a little bit of support. Their aim is to help those who did not qualify for school lunch vouchers, yet experience financial worries and parents/carers who struggle to provide healthy, nutritious meals for their children.

### House Points

At Park we use a House Points system in which every child belongs to one of the four houses: Birch, Maple, Oak and Sycamore. House Points are awarded for children who demonstrate the school values. 5 HPs are awarded where significant examples of confidence, creativity, care and aspiration are exemplified. Below is the total of the House Points collected this week.

Well done to **Maple**! You have the highest total this week!

<b>Birch</b> 240		<b>Sycamore</b> 185	
<b>Maple</b> 285		<b>Oak</b> 190	

**This week...**

Thanks to get you Thinking!



**KS1 Think**

Think about this... Week 4

If you dig up buried treasure, is it yours?



Agree  Build  Challenge 

Sentence starters:  
I think...  
I believe...  
I feel that...  
I would rather...

**KS2 Think**

Think about this... Week 4

Can you be prepared for a surprise?



Agree  Build  Challenge 

Sentence starters:  
In my opinion...because  
I believe that...because  
On the other hand...  
However...

**Thought for the Week**

Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, "I will try again tomorrow."  
—Mary Anne Radmacher

**Maths Challenge**

Each week Ms Phelan will be setting a maths challenge for KS1 and for KS2. Please post your answers on your GoogleClassroom or email them to [info@park.newham.sch.uk](mailto:info@park.newham.sch.uk) with the subject FAO Ms Phelan.

Last week's answers:

**KS1**

- 7 ones, 2 tens, 30 ones, 1 hundred
- 37

**KS2**

- 72 cm squared
- There are 46 red counters

**KS1 Challenge**

**I** Max has these coins.



His mum gives him four of these coins.



Max now has 80 pence.

Which coins did Max's mum give him?

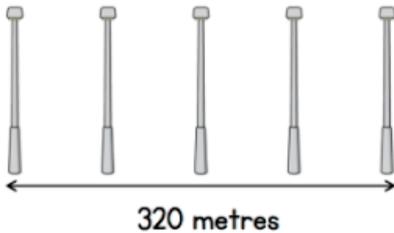
- 2 Altogether there are 30 apples and bananas in a basket.



There are 18 apples in the basket.  
How many more apples than bananas are there?

### KS2 Challenge

- 1 Five lampposts are equally spaced along a road.



The distance between the first and last lamppost is 320 metres.

How many metres are there between the second and last lampposts?

- 2 There are 360 people watching a film.  
There are 197 adults watching the film.  
How many more adults than children are watching the film?

### Current Affairs



1st-7th February  
Why do people choose to climb mountains?

Why do people choose to climb mountains?

A team of climbers from Nepal have become the first ever to summit the world's second highest mountain, K2, in winter. The 10 climbers reached the summit of Pakistan's K2, more than 20 years after the first winter attempt to reach the 8611m summit. K2 is considered incredibly difficult to climb due to the high winds and sub-zero temperatures.

### Things to talk about at home...

- Think of a time when you completed a challenge or finished something you found difficult.
- What was it? Talk about how you felt before, during and after. Are you glad you did it?
- How do you think the climbers felt when they reached the summit? Why do you think they wanted to take part in the challenge?

### British Values Link

A banner with a Union Jack background. The text reads: "British Values 1st - 7th February 2021 Individual Liberty At different times in our lives, we can choose to challenge ourselves. When we do, we need to manage the risks and understand the consequences of our actions." There is a small "Picture News" logo in the bottom right corner.

1st February 2021

### UN Rights of a Child

Children can face many mountains, e.g. feeling different because of speaking a different language, our religion, whether we are a boy or girl, rich or poor. No child should be treated unfairly for any reason.

