

PARK NEWSLETTER



*Ensuring every individual achieves their best through high expectations for all;
with a focus on confidence, creativity, care and aspiration.*

17th December 2021

Need to Know

Mrs Ttoffali's Weekly Update

Dear all,

We made it through and thank you. I am reminded of the picture and quote below as I contemplate the additional challenge that this term has brought. It felt like things could not get much more challenging but keeping things running normally when things have been far from normal has added another dimension. Thank you to all of the Park community (staff, parents/carers and children alike), for supporting me to steer the Park ship and allowing us to do a whole lot more than simply stay afloat.



"One day you'll look back and realise how hard it was, and just how well you did."

At this time of joy for so many, please may I also state that this time of year is not a joyous time for all. The recent stories in the press of harm to children are a stark reminder of just how challenging life is for some. Please may I state that, despite the fact we are on a break, please do not feel alone. Over the course of this week we have shared the Childline number with the children so that they are empowered if they need to speak to someone but may I also state that my school work mobile number is: 07514 670459. If you are desperate, please call. If, whilst we are on a break, you feel that there is simply nowhere to turn, please do not hesitate to call. We have also discussed with the

children Park's Worry Monsters and the children should know how to access in order to air any concerns they may have. The same thing applies to you if you are worried about a neighbour or a friend. We are here for you as well as your children: please do not let things reach crisis point.

Maintaining relationships with people you trust is important for your mental wellbeing. If you can't meet in person, think about how you can stay in touch with friends and family via telephone, video calls or social media instead – whether it's people you normally see often or connecting with old friends. Please do not feel alone at this time. The NHS Volunteer Responders can also provide a free telephone 'check in and chat' if you are feeling isolated.

Sadly we say goodbye to Ms Sam today. Ms Sam has been with us for a couple of years and has been a star throughout. Ms Sam's input into our drama and Philosophy for Children Curriculum has been incredible and we thank her for all that she has done. A fond farewell from all at park Ms Sam, you will be missed.

We return to school on Wednesday 5th January. I am not expecting there to be any announcements of any kind relating to us not opening but I urge you please, on Tuesday 4th January to check the website www.park.newham.sch.uk any news you need to know will be posted there.

Please read the [Newham Update](#).

Now, please allow me now to wish you all a very happy and safe break. Regardless of whether you celebrate Christmas or not, may the time allow you to be friends and family and may the moments be magical. I, on behalf of all at Park, wish you all a very happy and healthy 2022. Onwards and upwards, together we can do this. Warmest regards always,
Natasha Ttoffali

☆☆☆☆ **Stars of the Term** ☆☆☆

EYFS

Aryan, Adam and Mira in Little Park

Isa and Emilia in MacArthur

Jonathan and Idris in Seacole

Khadija and Jack in Jemison

Key Stage 1

Kacper and Edith in Aldrin

Muhammad Jolly and Dylan in Attenborough

Zaid and Fatimah in Marco Polo

Pedro and David in Einstein

Ziyan and Paula in Marie Curie

Shruti and Ismail in Pasteur

Lower Key Stage 2

Daniel and Umar in Da Vinci

Binyamin and Lukas in Edison

Raunak and Ruhma in Galileo

Aneesa and Mizanur in Berners Lee

Ethan and Lola in Brunel

Afseen and Ihsan in Hawking

Upper Key Stage 2

Jasurbek and Mohammed Ali in Gandhi

Zainab and Ashraful in Helen Keller

Tegan and Omar in Rosa Parks

Denislav and Bianca in Malala

Hana and Masumah in Mandela

Faviha and Mason in Pankhurst

Attendance Stars

Einstein Class in Reception and Key Stage 1 with 98%

Da Vinci Class in Lower Key Stage 2 with 96%.

Pankhurst Class in Upper Key Stage 2 with 98%.

Whole School Attendance is 92%

Data Check

Every year we need to carry out a 'data check' to ensure that we have the most up to date information on our school system. We need to ensure that we have the correct contact details, including names of contacts, their telephone numbers and email addresses. We also need to ensure that we have the correct address for every child and their family.

Could you please take the time to fill in [this form](#) giving us all the information required so that we can cross-reference it with what is currently on our system.

Please fill in one form for all of your children who attend Park. Please DO NOT fill in separate forms.

Safeguarding Reminder

How to make a Self-Soothe Box

The holidays are not always a great time for everyone. Sometimes we can feel sad or lonely. It is important that we try not to let those feelings overwhelm us. One of the things we can do to help with these feelings is to create a self-soothe box. A self-soothe box is a really useful tool to help us when we are feeling a variety of emotions including sadness, anxiety and worry. It is personal to everyone and can be updated whenever you feel like a change.

What do you need?

A box (an old shoebox will do). Decorate it anyway you like, take your time to make it special, it doesn't have to be perfect it just has to be yours. You can paint it, use stickers, draw pictures etc. anything at all!

What do you put in the box?

Here you have to think about your FIVE senses - touch, smell, taste, see and hear.

TOUCH - feathers, soft materials, stress ball, a squidgy, a lump of playdoh etc.

SMELL - something that you like the smell of eg. a small bar of soap, some perfume (sprayed on a piece of cloth), or a cinnamon stick

TASTE - your favourite snack

SEE - a photo or picture of something that makes you smile

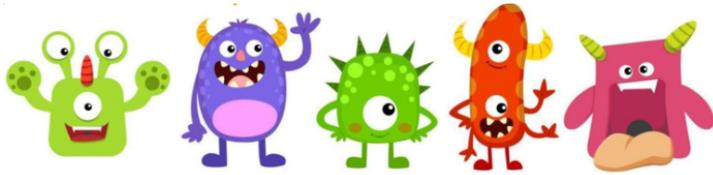
HEAR - a copy of your favourite poem or story to read allowed etc. or if you have a music player create a playlist and have some headphones in your box

When do you use it?

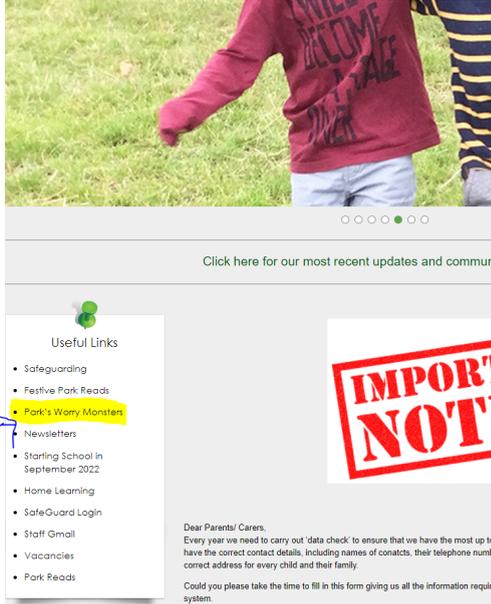
When you're feeling not so great and you need something to distract you from your thoughts and lift your mood. These are great for everyone, any age - it could be something you and your parents /carers could create together.

Be safe everyone!

Park's Worry Monsters



We'd like to draw your attention to the Worry Monsters section of our website. Whilst it is aimed at the children primarily as a way of sharing their worries or concerns, it is another way for you to get in touch with us if you would like some assistance.



You can also call the NSPCC Childline if you need someone to talk to. [NSPCC - CHILDLINE 0800 1111](https://www.nspcc.org.uk/08001111)

Wrap Around Care

We are pleased to say that our wrap around care is open to all families. If you would like to book a place for your child then please do so via Scopay. Please remember to book your child's place 24 hours in advance so that we are able to staff the childcare appropriately.



Dates for the Diary

[2021-2022 Term dates](#)

Wednesday 5th January - Children return to school for the Spring Term

Thursday 6th January - Year 2 at Kenneth Moore Theatre

Tuesday 11th January - Year 6 parents meeting about SATS, residential and preparing for Year 7

Friday 21st January - Year 2 at St Paul's Cathedral



Monday 24th January - Reception parent/carer meeting about maths at 2.15pm

Sharing Assemblies

Please see the dates and classes for Sharing assemblies for next half term. If you can make it, please do join us (KS1, you will need to drop off your child and then enter through the main office so we have a record of who is coming in.).

Date	KS1 - 9.05am	KS2 - 2.20pm
Friday 14th January	Seacole	Edison
Friday 21st January	Attenborough	Mandela
Friday 28th January	Jemison	Helen Keller
Friday 4th February		Berners Lee
Friday 11th February	MacArthur	Galileo

Park's Food Bank

We are delighted to inform you that we have established a food bank for our families at Park. It has been a challenging year for many. If you would like to access our food bank, please come to the school entrance on a Friday between 1.45 to 2.45pm. Please bring your own bag.

PTA Winter Raffle

The PTA would like to thank the House Captains who were amazing and helped choose the winners of the Winter Raffle. The total funds raised from the raffle were £158 which all goes to Parks Food Bank. The gifts for the hampers were kindly donated by Morrisons and some PTA parents. Again, the PTA would like to thank everyone that purchased a ticket as without your help this would not have been possible.

Curriculum Area

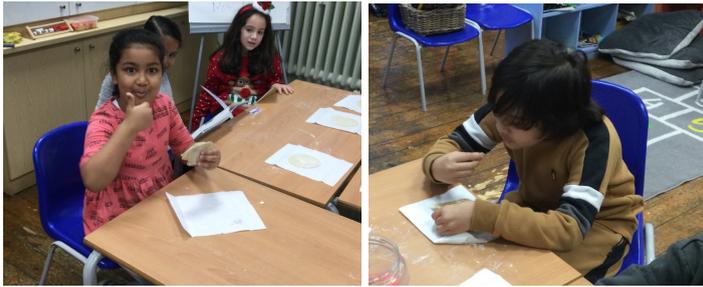
Highway Vineyard Church

Last week, the children in Year 1 and Year 2 visited Highway Vineyard Church to watch 'The Christmas Journey'. A fun time was had by all.



Year 2 DT Day

Year 2 have had a fantastic time designing and making their very own flatbread. We made sure they were delicious and nutritious.



Park's Got Talent

On Wednesday, the year group winners of Park's Got Talent performed for the panel of judges to see who would be crowned the overall winner for each phase.

The winners for each phase were:

KS1 - Audrey (Aldrin) for her beautiful drawing

LKS2 - Fawzan (Brunel) for his incredibly fast TT rockstars playing

UKS2 - Angel (Mandela) for her spectacular singing

We would like to say a huge thank you to the House Captains for organising the event and to all of the children that participated. You were all amazing!



House Points

At Park we use a House Points system in which every child belongs to one of the four houses: Birch, Maple, Oak and Sycamore. House Points are awarded for children who demonstrate the school values. 5 HPs are awarded where significant examples of confidence, creativity, care and aspiration are exemplified.

Below is the total of the House Points collected this week.

Well done to **Oak!** You have the highest total this week!

Birch 105 	Sycamore 60 
Maple 95 	Oak 125 

This week...

Thanks to get you Thinking!
KS1 Think



Think about this... Week 7

Do bogeys smell?

Agree  Build  Challenge 

Sentence starters:
I think...
I believe...
I feel that...
I would rather...



KS2 Think

Think about this... Week 7

Are some people more important than others?

Agree  Build  Challenge 

Sentence starters:
In my opinion...because
I believe that...because
On the other hand...
However...



Thought for the Week

Sometimes the best solution is to REST, RELAX and RECHARGE. It's hard to be your best on empty.

Current Affairs



What do we look for in a good friend?

Since 2007, John Lewis have released Christmas adverts. Each year, viewers tune in to watch the story unfold and see what message it shares. This year's John Lewis advert is all about friendship. A young alien, Skye, lands on Earth and meets Nathan, who helps her experience Christmas for the first time. Nathan introduces his new friend to festive traditions such as eating mince pies, wearing a Christmas jumper and lighting up the tree before Skye has to leave and return home in her spaceship.

Things to talk about at home:

- What do you think your friends like about you?
- What makes you a good friend to others? Are you similar to or different from your friends?
- Do you think a good friend has to have the same interests, enjoy the same things, behave in the same way as you?

Additional information

[Stratford Christmas What's on Guide \(click for link\)](#)

