

Park is an inclusive school where we focus on the wellbeing and progress of every child and where all members of our community are of equal worth. We believe that the Equality Act 2010 provides a framework to support our commitment to valuing diversity, tackling discrimination, promoting equality and fostering good relationships between people. It also ensures that we continue to tackle issues of disadvantage and underachievement of different groups. We recognise that these duties reflect international human rights' standards as expressed in the UN Convention on the Rights of the Child, the UN Convention on the Rights of People with Disabilities, and the Human Rights Act 1998.



## Intimate Care Policy

### Toilet Support and Nappy Changing Procedures

GB approved: 25/11/20

#### Intimate Care Introduction

Intimate care is any care which involves washing, touching or carrying out an invasive procedure, such as cleaning up a pupil after they have soiled or wet themselves or assisting a child with wiping themselves after using the toilet. In most cases such care will involve cleaning for hygiene purposes as part of a staff member's duty of care.

The issue of intimate care is a sensitive one and will require staff to be respectful of the child's needs. The child's dignity should always be preserved with a high level of privacy, choice and control. There shall be a high awareness of child protection issues. Staff behaviour must be open to scrutiny and staff must work in partnership with parents and carers to provide continuity of care to children wherever possible.

Park Primary School is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times. Park Primary School recognises that there is a need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress or pain.

#### Toilet Training Introduction

Toilet training can be a complex process and at Park we aim to support parents and carers through this process with their children. Most children are ready to start toilet training when they can: follow simple instructions; show an interest in using the toilet; remain dry for at least two hours at a time during the day; tell an adult when they have a wet or soiled nappy. They may even begin to say if they need to use the toilet.

#### Intimate care procedure

The management of all children with intimate care and toilet training needs will be carefully planned. The child who requires intimate care is treated with respect at all times; the child's welfare and dignity is of paramount importance.

Staff who provide intimate care are trained to do so and should follow this intimate care policy. This is staff working in EYFS, the welfare team and LSAs who work with children who require

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intimate care support. These practitioners will also have been trained in child protection and safeguarding procedures and are fully aware of best practice. Apparatus will be provided to assist with children who need special arrangements following assessment from physiotherapist/ occupational therapist, as required.

The child will be supported to achieve the highest level of autonomy that is possible given their age and abilities. Staff will encourage each child to do as much for themselves as they can, this may include wiping themselves or putting on clean underwear or trousers.

Careful consideration will be given to each child's situation to determine how many carers might need to be present when a child is toileted. Where intimate care procedures are being met at least 2 members of staff will be present- This is for changing a pull-up or wet or soiled clothes.

Each child's right to privacy will be respected. Our Early Years toilets are situated next to a space where practitioners can see when children access the toilets, the majority of the children will be accessing these independently. Adults supporting groups of independent children in toileting should make another staff member aware that they will be supporting children at the door of the toilet, staff may verbally support children from the door of the toilet block ie. 'pull up your trouser', 'please close the toilet door'.

If a child needs more intimate support, including support with wiping after using the toilet or changing their clothes due to a wet or soiled accident, two members of staff must be present. An apron and gloves must be worn, as well as a visor or mask, when changing a child's nappy or clothes when wet or soiled. If a child is wet they can be changed in the EYFS toilets and are encouraged to be independent in this changing, with two members of staff present. If a child has soiled it is more appropriate to be changed in the larger accessible toilet where a nappy changing bench is provided to support intimate cleaning if necessary.

### Toilet Training

We aim to build a child's confidence with regular visits to the toilet. We provide steps at the toilets to bring them to the child's height. We adopt a calm approach when toilet training with emphasis on encouraging the child to be as independent as possible. This means giving verbal communication and pictured visual aids to help support the child in each step of using the toilet. Children will not be rushed; neither will they be made to sit on the toilet against their will. We

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work with parents so we can make toilet training as consistent as possible, establishing the same routines in school and at home. We ask that pull-ups (not nappies), wipes and disposal bags are provided by parents/carers for any children still needing them. If a child does not have wipes but requires these when in school, we use water wipes. We also ask all families to ensure their child always has a bag with at least two changes of clothes inside.

Occasional accidents are normal and children will be cleaned and changed following the intimate care procedure written above. Should any child refuse the help of staff when toileting, we will respect the child's rights and contact the parents to come and support their child, unless there has been an individual care plan in place for the child.