

PARK NEWSLETTER



*Ensuring every individual achieves their best through high expectations for all;
with a focus on confidence, creativity, care and aspiration.*

6th October 2023

Need to Know

Mrs Ttoffali's Weekly Update

To Park Primary's Community



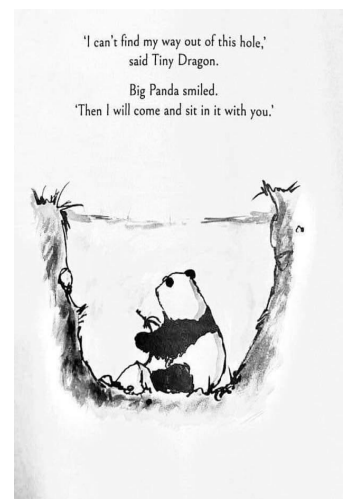
Happy Friday everybody, I trust your week has been as good as ours.

Shakespeare has been in our midst as some of the Year 5s have been practising hard for their performance of A Midsummer Night's Dream. The Year 6 team had a visit to The Museum of London Docklands and, by all accounts, were a credit to us and yourselves and then we have had two sharing assemblies today. Additionally, we were treated to some insights into their learning from Marco Polo and Brunel Class. Well done to all, we are always very proud of what you do and are.

I stated in last week's Newsletter that October is Black History Month and I said that we do not 'over' focus on the month as everybody's history should be valued all of the time. That said, as it was National Poetry Day yesterday (5/10/23) I thought I would consider poetry and prejudice in the piece that I found to share. This poem was written by a secondary school child called [Specific Irrelevant Details](#). This is a poem about seeing the whole of someone as opposed to seeing only the things which might lead to discrimination or prejudice. If you have a moment, please share this poem with your child and talk about what they understand from it. At the heart of the poem, for me, rests the idea of 'simply being kind' which brings me onto my next piece of awareness raising.

Again, the subject of mental health is not something which we ought to be conscious of only on World Mental Health Day but having such a day does give us a reason to 'big up mental health'. Tuesday 10th October is **World Mental Health Day**. At Park, we try to talk about our feelings openly and with understanding and we try to encourage the children to label their feelings with the appropriate vocabulary.

Perhaps on Tuesday (as a starting point) you might encourage the children to check in with their friends and make sure that they are really listening when their friends speak. Perhaps you might also ask them to consider one random act of kindness on that day. It would help us if you could talk to them about the fact that an act of kindness does not need to be giving someone something physical.



Health and Safety

- It has come to our attention that there is a new, 'fashionable' way of pinning one's hijab and we have had a few incidents in the medical room where girls are **pinning their hijabs** underneath their chins. In such cases, the pins have come open and the girls have been injured in the neck with the pin end. It is, of

course, parental choice how your child wears their hijab, however we would advise (from a safety perspective) that, whilst in school at least, the children wear the jersey hijabs where no pins are needed or use specialist magnets.

- The **climbing frame** is only supervised during school hours between 8.55 and 3.15. The school will not be responsible for any accidents or injuries that occur outside of these times. Please monitor your child/children when using the equipment at the beginning and end of the school day.
- **To conker or not to conker?** A game of conkers has been a child's delight for many years and collecting conkers, admiring and counting them when out in the park or on the way to and from school is a great pastime. Unfortunately though we have had some examples of children throwing conkers in the playground which has resulted in the occasional injury.



In order to 'conquer' this issue (do you see what I did there?), we are going to say that we **will not allow conkers in the playground**. If your child collects conkers on their way to school please ask them to safely store them in their bag and ask them not to use them/ play with them during the school day. Thank you for your cooperation with regards to this.

Please be reminded

- [Term Dates 2023-2024](#)
- At last night's Governing Board meeting, next academic year's [Term Dates 2024-2025](#) were agreed.
- On Thursday 19th October school closes at 1pm for parent carer consultations.

It looks like the sun definitely has its hat on this weekend so please have yourselves a sunny, serene weekend stretching out the last few days of summer..

Warm regards, Natasha Ttoffali

☆☆☆☆ Stars of the Week ☆☆☆☆

Key Stage 1

Adrielle, Isobel and Isa in Year 1

Josh, Logan and Ahmed Year 2

Lower Key Stage 2

Muhammad, Isra and Mohammed in Year 3

Rajveer, Eric and Angel in Year 4

Upper Key Stage 2

Saad, Uzair and Naya in Year 5

Moses, Ameerah and Syeda in Year 6

Attendance Stars

Seacole Class in EYFS and Key Stage 1 with 100%

Berners Lee Class in Lower Key Stage 2 with 98%

Gandhi Class in Upper Key Stage 2 with 96%

Whole School Attendance is 93.5%

Is my child too ill for school?



Please click on the NHS logo to access their advice.

Wrap Around Care

Our Wrap Around Care Provision is open to all families to book via Scopay.

If you have any questions then please email us at

info@park.newham.sch.uk or if you have a message for the Wrap Around Care team directly then please email wrap.around@park.newham.sch.uk



Dates for the Diary

[2023-2024 Term Dates](#)

Tuesday 10th October - Year 2 Visit to Wanstead Park

Tuesday 10th October - Galileo Library Visit

Wednesday 11th October - Da Vinci Library Visit and Edison Library Visit

Wednesday 11th October - Reception - sharing our lunches

Thursday 12th October - Reception - sharing our lunches

Thursday 12th October - Nursery Parent Workshop (2-3pm)

Friday 13th October - Reception - sharing our lunches

Friday 13th October - Year 3 and 4 Boys Football Tournament

Monday 16th October - Individual School Photographs (Professional Photographers in school)

Monday 16th October - Year 2 Parent Workshop (2:30-3:30pm)

Thursday 19th October - Parent/Carer Consultations

Monday 23rd - Friday 27th October - Half Term



Park's Food Bank

Thank you to families who have already contributed to our food bank. We would like to request any families who are able to support our foodbank to please leave donations in the box in the front office. Due to storage we can only accept long lasting items such as dry food, tins and pasta. We also accept toiletries and cleaning products.

If you would like to access our food bank, please come to the school entrance on a Friday between 2.30 to 3.30pm. Please bring your own bag.

Sharing Assemblies

Please see the dates and classes for Sharing assemblies for this term. If you can make it, please do join us (KS1, you will need to drop off your child and then enter through the main office so we have a record of who is coming in.).

Date	KS1 - 9.05am	KS2 - 2.30pm
Friday 13th October		Da Vinci
Friday 20th October	Marie Curie	Malala
HALF TERM		
Friday 3rd November	Einstein	Rosa Parks
Friday 10th November	Aldrin	
Friday 17th November		
Friday 24th November		Gandhi
Friday 1st December		Hawking
Winter Break		

Getting to know...

Each week, whilst we are in lockdown, we will be finding out about different members of our Park staff in our new *Getting to know...* feature.



Getting to know... Ms Berdaut

What is your role in school?

Year 5 teacher and DT lead.

Where to find you in school if children or parents/carers need to contact you?

In Gandhi classroom!

Where did you grow up?

Forest Gate

What was your first job?

I worked in a crystal shop in Leytonstone.

What did you want to be when you were younger?

A pilot because I thought it would involve endless holidays in exciting places!

What's your favourite...

Ice-cream? Salted caramel

Children's book? The Truth Pixie by Matt Haig

Childhood/ school memory? Making rabbit hutches out of cardboard- not sure what the purpose was!

Tell us something about you that we may not know.

I can wiggle my ears.

Why are you proud to work at Park?

It is one of the most supportive, caring and funny communities I have ever been a part of!



Year 2 Visit to Stratford Library

Joelle read the story and then the children were given clipboards. She modelled how to draw one of the book characters which the children really enjoyed.

Some children bought signed copies of the book and all of the children were exceptionally behaved which made Ms Lennon and Ms Williams super proud. A big thank you to the parents that supported us on this local area visit.



Online Safety







'Top tips' for keeping your children safe online at home; videos and useful links and information to support conversations.

<https://parentsafe.lqfl.net/>

House Points

At Park we use a House Points system in which every child belongs to one of the four houses: Birch, Maple, Oak and Sycamore. House Points are awarded for children who demonstrate the school values. 5 HPs are awarded where significant examples of confidence, creativity, care and aspiration are exemplified.

Below is the total of the House Points collected this week. Well done to **Oak**! You have the highest total this week!

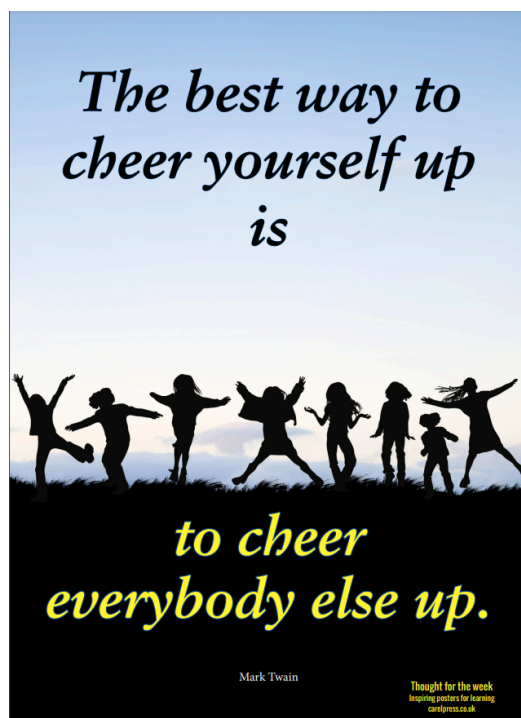
Birch 475		Sycamore 400	
Maple 400		Oak 490	

Parent Volunteers

If you are interested in volunteering at Park, then please complete this [Google Form](#).

This week...

Thought for the Week



Music Theme of the Week



Current Affairs



[Primary Picture News Resource England - 9th October - Black History Month 2023](#)

British Values



Democracy

In the past, some people have been ignored because of their colour. Everyone has a voice and the right to be heard.



UN Rights of a Child



We all have rights no matter who we are, where we live, what we look like or what we think. We should never be treated unfairly for any reason.



Additional Information

Mother Nature Science - Half Term Club

Please click on the image below to access more information.

Little Tacklers East London Rugby Club

Little Tacklers East London Rugby Club: a recently established Junior Tag Rugby team.

Why not give **RUGBY** a 'try'! If you fancy it, **Little Tacklers East London Rugby Club** may be just for you. The club is '**Touch Rugby**' for years 1 to 6. It's **fun & FREE** to all with a focus on improving

mobility, fitness & hand eye coordination.

When: **Every Tuesday & Thursday 6pm - 7pm**


















Where: **East London Rugby Club, [71 Holland Road, London E15 3BP](#),**

located in: **Memorial Recreation Ground.**

To find out more: contact Coach Johan on 07412 423344

Next Week's Lunch Menu

Please see below choices for school lunches. Please discuss the choices with your child so that it is easier for them to ask for the food they would like each day.

	<h1>YOUR MENU @</h1>				<h2>PARK PRIMARY SCHOOL</h2>
----- Spring - Summer 2023 -----					
WEEK 3	Meal Free Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Vegetable & Lentil Curry with Rice & Naan 	Chicken & Spring Vegetable Pie with Herby Diced Potatoes	BBQ Chicken with New Potatoes	Jerk Spiced Chicken with Rice & Peas	Fish Fingers with Chips
Second Choice	Mac 'n' Cheese with Focaccia Slice 	Chicken Burger in a Bun with Herby Diced Potatoes	'Fishwich' in a Bun with New Potatoes	Kickin' Chicken Enchilada with Jacket Wedges	Chicken Tikka Naan with Indian Salad
Vegetarian Choice	Mixed Bean Wrap with Rice 	Jacket Potato with Cheese & Beans 	Veggie Cassoulet with New Potatoes 	Southern Style Burger in a Roll with Jacket Wedges 	Veggie Sausage Roll with Chips
Vegetable Selection	Sweetcorn Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Plantain Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Fruit Smoothie	Lemon & Lime Cheesecake 	Fruity Flapjack	Sticky Mandarin Sponge with Custard	Chocolate Mousse 
Daily Options	Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt				
WEEK 3 1 MAY, 22 MAY, 19 JUN, 10 JUL, 18 SEPT, 9 OCT					
Meat Served at this School is Halal & non-Halal					
KEY:  Vegetarian  Plant Based  Sugar Smart  New Dish  In association with Forest Green Rovers					
  				<h1>DINEin</h1> <h2>AND DISCOVER</h2>	

Head Lice

Head lice is a topic that regularly crops up in schools. It is important to remember that head lice is a problem for the whole community and not just schools. It is also important to bear in mind that head lice do not cause serious health problems.

The best way of controlling them is by early detection. To do this, families need to be checking their hair on a regular basis, preferably each week.

- Detect using a plastic fine tooth lice detection comb. Hair can be dry or damp but damp hair helps prevent the lice arching off with static. For very thick hair, the use of conditioner may help. Hold the comb at a 45° angle and comb small sections of hair at a time. It takes 10-15 minutes per head to check effectively.
- Only treat members of the family on which a living louse has been found.

- For treatment advice see your community pharmacist, GP, Practice Nurse, Health Visitor or School Nurse.
- Treat twice with a 7 day gap between treatments and using the same lotion- this should kill any lice that have hatched since the first treatment before they are mature enough to lay more eggs (nits).
- Detection combing should be done between the 2 treatments and at 3-4 day intervals after treatment is complete for 2 weeks. If a living louse is found following the second treatment, consult one of the professionals listed above.

Whilst professionals (education and health) provide advice and support they cannot enforce treatment. Detection and treatment is a parental responsibility.

Hopefully this information will help you. For further information, a fact sheet is available from the school office.

PSA Volunteers Wanted



Calling all parents and carers and staff at Park Primary! The PSA need your help.... We are currently a small group of volunteer parents/ carers and staff from the school who help to organise and run the bake sales and summer/ winter events to raise funds for the school. The money has helped subsidise trips, buy books, support the food bank and many more resources and activities for the children at Park.

BUT we now need more help to be able to continue to support the school in the children's experience of primary school life and the opportunities they can have at this amazing school.

If you can offer a bit of time at a bake sale, a contribution of ideas, help in organising larger events, please scan the code below and join our WhatsApp group. Thank you!



Fundraising at Park

A reminder that we are raising money:

- There is a run for adults on October 14th in Victoria Park.
- There is a run for pupils, the week before, in West Ham Park.

Parents can join pupils for the run in West Ham Park (classes will share their timings closer to the event) or on the adults run.

We are fundraising for [Give a Duck Foundation](#), as chosen by our pupil recently diagnosed with Acute Lymphoblastic Lymphoma.

Here is our JustGiving page, if you would like to support us, or we will be collecting cash in school on Friday, October 13th [Park's JustGiving page](#)

We will share details of how to enter the adult run as soon as we receive the details from the run organisers, for anyone who would like to join the staff.

These are the [slides](#) we shared with all the children at school.

Donations Needed

Dear All,

Our KS1 Team would like to ask for some donations for their outdoor area. If you could donate any of the items listed below, please drop them off at the school office:

- big paint rollers or paint brushes
- large nuts and bolts

- wheelbarrows
- shovels
- large garden brooms
- safe large planks of wood
- safe large pieces of piping
- large watering cans

Thank you very much!

PARENT SURVEY 2023 – Please help!

www.newham.gov.uk/childcareparentsurvey2023

Every year the LA conducts a childcare survey to help us find out about childcare needs in the borough so that we can plan services that will work for families. With the Government's upcoming extension to 30 hours and plans to increase wraparound care for school aged pupils, it's more important than ever that we understand families' needs and preferences.

This is a reminder that the survey is currently 'live' at www.newham.gov.uk/childcareparentsurvey2023 and is open until 5pm on **SUNDAY 3 DECEMBER**. It only takes around 10 minutes to complete.

Everyone that completes the online survey will be entered into a free prize draw to be in with a chance of winning £100 of shopping vouchers. A winner will be chosen at random after the closing date.

Please click on the image to see the flyer:

WE ARE CARING.



DO YOU HAVE CHILDREN AGED 0-14 YEARS? HELP US TO HELP YOU!

We want to know about your childcare needs so we can plan services that will work for you and your family. We welcome your views and invite you to please complete a short survey, the details of which will be kept strictly confidential. Everyone that completes the survey will be entered into a free prize draw to be in with a chance of winning £100 of shopping vouchers.

The closing date for entries is 5pm on **3 DECEMBER 2023**. The survey will take about 10 minutes to complete. Share your knowledge. When completing the survey, you can also request information on:

- free 15 hours for two-year olds
- free 30 hours for working parents with three and four-year olds
- the new expansion of the funded early education scheme
- plans to develop wraparound care for primary school children
- help with childcare costs
- childcare providers for children aged 0-14 in your area.

FREE PRIZE DRAW!

WE ARE NEWHAM.

Community News - Removal of Island on Romford Road

As a school, we wrote to Newcam Council inquiring about the removal of the island/ zebra crossing on Romford Road (by Sainsbury's) and we are pleased to inform you of the response we received:

Thank you for your email, concerning the removal of the pedestrian refuge by Sainsbury's leading up to Carnarvon Road in Romford Road and highlighting the safety issue for users, especially for school children. I can confirm that the crossing island by Carnarvon Road and Faraday Road will be reinstalled at the end of this week.

I had a meeting with our contractor this morning and he has confirmed that tomorrow the pedestrian refuge will be installed.

The future plans for this location in Romford Road is to locate a new Zebra Crossing. Next month we will be engaging with the public to share the next phase of the works along Romford Road. I will be happy to send you a copy of the leaflet and the link to the engagement once ready.