

PARK NEWSLETTER



*Ensuring every individual achieves their best through high expectations for all;
with a focus on confidence, creativity, care and aspiration.*

9th February 2024

Need to Know

Weekly Update from Ms Broadhurst

To Park Primary's Community,

The half term is finally upon us. I hope it brings you some time for fun and joy with your loved ones.



Thank you to MacArthur and Pankhurst for your fantastic sharing assemblies today and thank you to all of the families that were able to come along and watch. We also talked to the children in assemblies this week about [Lunar New Year](#) which a number of our families will be celebrating tomorrow.

Thank you to everyone that came to parent/carer consultations yesterday. It is really important for us to work in partnership with our families. At every parent/carer consultation we ask for your feedback through our [Parent/Carer View](#). Your feedback really helps us to see ways in which we can continually improve.

Thank you all for the love, care and support that you have shown to Mrs Ttoffali and our staff team during this difficult time. Please see a message from Mrs Ttoffali below.

A message from Mrs Ttoffali:

Dear all, gosh how I miss you: the greetings, the love, the support and generally how I miss feeling a part of Park- 6 weeks is a very long time to be removed from everything that brings me joy.

Thank you to everyone for your messages of kindness and support whilst I have been in here. Thank you for the time taken, the beautiful pictures, gifts and thoughtful cards. All of these things have helped to make the past seven weeks more bearable.

Since I last communicated, there has been very little



change in my day to day health. I am still on a nutrition supplement and only allowed clear fluids. They are sending me home from hospital today with a comprehensive care package and, for that, I am grateful as the hospital walls are becoming a little dull! I am still liaising with the oncologists but, until I am in a better condition, they cannot do anything in terms of ongoing cancer treatment. I will keep in touch but, for now, please know that I am fighting my battle with all the fortitude I can find. Who knows what's in store but I do know that hope is vital and 'hope', I do.

Anyway, enough of me, It's half term and there is surely some joy to be found. I hope the week has something lovely in store for each and every one of you: enjoy the moments as well as the days and take good care, much love, Natasha Ttoffali

I hope you all have a lovely half term break and I will see you on Monday 19th February.

Best wishes,

Clare Broadhurst

☆☆☆☆ Stars of the Week ☆☆☆☆

Reception Key Stage 1

Audrey, Clio and Max in Reception

Adrielle, Kimberly and Ebrahim in Year 1

Ayoub, Grayson and Jonathan in Year 2

Lower Key Stage 2

Shahraan, Audrey and Sofia in Year 3

Nancy, Amelia and Ishaaq in Year 4

Upper Key Stage 2

Samin, Farhan and Ruhma in Year 5

Bibi, Maysa and Tyrone in Year 6

Attendance Stars

Pasteur in EYFS and Key Stage 1 with 98.4%

Hawking Class in Lower Key Stage 2 with 96.4%

Gandhi Class in Upper Key Stage 2 with 97.7%

Whole School Attendance is 93.4%

Medical Team Updates

Head Lice

We have had cases of headlice in school this week so please check your children and follow the advice below. Thank you

Head lice is a topic that regularly crops up in schools. It is important to remember that head lice is a problem for the whole community and not just schools. It is also important to bear in mind that head lice do not cause serious health problems.

The best way of controlling them is by early detection. To do this, families need to be checking their hair on a regular basis, preferably each week.

- Detect using a plastic fine tooth lice detection comb. Hair can be dry or damp but damp hair helps prevent the lice arching off with static. For very thick hair, the use of conditioner may help. Hold the comb at a 45° angle and comb small sections of hair at a time. It takes 10-15 minutes per head to check effectively.
- Only treat members of the family on which a living louse has been found.
- For treatment advice see your community pharmacist, GP, Practice Nurse, Health Visitor or School Nurse.
- Treat twice with a 7 day gap between treatments and using the same lotion- this should kill any lice that have hatched since the first treatment before they are mature enough to lay more eggs (nits).
- Detection combing should be done between the 2 treatments and at 3-4 day intervals after treatment is complete for 2 weeks. If a living louse is found following the second treatment, consult one of the professionals listed above.

Whilst professionals (education and health) provide advice and support they cannot enforce treatment. Detection and treatment is a parental responsibility.

Hopefully this information will help you. For further information, a fact sheet is available from the school office.

Vomiting and Diarrhoea

We would like to remind parents and carers that if your child has suffered from vomiting and/or diarrhoea, they will need to be kept off school until 48 hours (2 days) after the last episode. This is to ensure that if it is a stomach bug, it is not spread to others.

Thank you for your cooperation.

Wrap Around Care

Our Wrap Around Care Provision is open to all families to book via Scopay.

If you have any questions then please email us at

info@park.newham.sch.uk or if you have a message for the Wrap Around Care team directly then please email wrap.around@park.newham.sch.uk



Dates for the Diary

[2023-2024 Term Dates](#)



Monday 12th February - Friday 16th February - Half Term Break

Wednesday 21st February - Year 6 Mid-year Parents/Carers Meetig (at 2:30pm)

Thursday 22nd February - Rosa Parks Coby Dock visit

Friday 23rd February - Gandhi Coby Dock visit

Friday 23rd February - Football Tournament for Year 5 and 6

Monday 26th February - Year 4, 5 and 6 pupils at St Angela's (dance performance)

Wednesday 28th February - Helen Keller Coby Dock visit

Friday 1st March - Year 2 Cricket

Friday 1st March - Marco Polo and Attenborough at Maritime Museum

Monday 4th March - Friday 8th March - DT Week

Monday 4th March - Year 2 at St Paul's Cathedral

Thursday 7th March - World Book Day

Thursday 7th March - Tuesday 12th March - Book Fair

Thursday 7th March - Reception Sharing our Learning

Friday 8th March - Reception Sharing our Learning

Thursday 14th and Friday 15th March - Year 4
 Stratford Easter Experience 2024
Friday 15th March - Aldrin Class at Maritime Museum
Friday 15th March - KS1/KS2 Gymnastics Festival
Monday 18th - Friday 22nd March - Year 5 Bikeability
Monday 18th - Friday 22nd March - Year 1 Sharing our Reading
Wednesday 20th March - Year 2 London Walk Trip
Thursday 28th March - Last day of Term
Friday 29th March - Friday 12th April - Spring Break

Sharing Assemblies

Please see the dates and classes for Sharing assemblies for this and next half term. If you can make it, please do join us (KS1, you will need to drop off your child and then enter through the main office so we have a record of who is coming in.).

Date	EYFS/KS1 - 9.05am	KS2 - 2.30pm
Friday 23rd February		Galileo
Friday 1st March		Rosa Parks
Friday 8th March	Marie Curie	Brunel
Friday 15th March	Pasteur	Da Vinci
Friday 22nd March	Marco Polo	Malala
Spring Holiday Break		

Getting to know...

Each week we will be finding out about different members of our Park staff in our *Getting to know...* feature.



Getting to know...
Ms Broadhurst

What is your role in school?
 Head of School
Where would we find you at school?

My office, around and about school or on the playground

Where did you grow up?
 Derby
What did you want to be when you were younger?
 The pink power ranger
What was your first job?
 A babysitter
What would your superpower be and why?
 The ability to link any door to another door anywhere in the World so that I could travel anywhere I wanted instantaneously.
What's the most recent book you read?
 The Dinosaur that pooped a planet - it is my nephew's favourite.
Tell us something we might not know about you:
 I am terrified of clowns! Even red noses scare me!
What do you like to be when you're not at Park?
 Shopping or taking my dog for long walks.
What's your favourite...
Ice-cream flavour? Mint choc chip
Food? Pasta
Quote? "I really think a champion is defined not by their wins but by how they can recover when they fall." — Serena Williams
Children's book? Green Eggs and Ham by Dr Seuss

Ms Broadhurst is running the London Marathon!

Ms Broadhurst is running the London Marathon in April to raise money for Leukaemia Care UK. If you can spare any pennies, please donate using the link below (click on the image).



Pastoral Team at Park

Did you know we have a pastoral team at Park? If you would like to contact a member of the team for some support regarding a difficulty you or your family are having or just need to have a chat with someone, email us on 'pastoral@park.newham.sch.uk'. Emails to this account will be confidential and only accessed by two members of the team.



Park's Pantry



Park Primary School has introduced Park's Pantry (previously the food bank). Parents/guardians are now able to access our Pantry from Monday to Friday between 9-10am. Please note that the pantry can only be used once a week. Please email our confidential email address pastoral@park.newham.sch.uk if you would like a more discreet collection.

Curriculum Area

Online Safety







'Top tips' for keeping your children safe online at home; videos and useful links and information to support conversations.

<https://parentsafe.lgfl.net/>

House Points

At Park we use a House Points system in which every child belongs to one of the four houses: Birch, Maple, Oak and Sycamore. House Points are awarded for children who demonstrate the school values. 5 HPs are awarded where significant examples of confidence, creativity, care and aspiration are exemplified. Below is the total of the House Points collected this week. Well done to **Sycamore**! You have the highest total this week!

Birch 575		Sycamore 830	
Maple 430		Oak 530	

Parent Volunteers

If you are interested in volunteering at Park, then please complete this [Google Form](#).

This week...

Thought for the Week



Music of the Week



Current Affairs



[Primary Picture News Resource England - 12th February - Learning to sign](#)

British Values



Mutual Respect and Tolerance

Learning about the many different ways people communicate can help us celebrate our differences and respect one another.



UN Rights of a Child



We have the right to use our own language even if it is not shared by most people in the country where we live.



Additional Information

Next Week's Lunch Menu

Please see below choices for school lunches. Please discuss the choices with your child so that it is easier for them to ask for the food they would like each day.

YOUR MENU @ PARK PRIMARY SCHOOL					
Autumn - Winter 2023/24					
WEEK 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Jacket Potatoes with Various Fillings ✓	Lamb & Lasagne served with Garlic Bread	Roast Chicken & Stuffing served with Roast Potatoes	Shepherd's Pie	Fish Fingers with Chips
Second Choice	Veggie Frankfurter Hot Dog with Jacket Wedges ✓	Lamb Tikka Masala served with Rice	BBQ Chicken in a Tortilla Wrap served with Coleslaw	Fish Pie	Veggie Goussadilla with Chips ✓
Vegetarian Choice	Vegetarian Pasta & Mixed Bean Bake ✓	Veggie Chili with Rice & Tortilla ✓	Cheese & Leek Pan served with Roast Potatoes ✓	Cheese & Tomato Pizza ✓	Veggie Dippers with Chips ✓
Vegetable Selection	Sweetcorn Fresh Broccoli ✓	Green Beans Fresh Carrots ✓	Seasonal Fresh Vegetables ✓	Mixed Vegetables Sweetcorn ✓	Garden Peas Baked Beans ✓
Dessert of the Day	Frozen Yoghurt with Fruit ✓	Banana Slice (egg free) ✓	Cinnamon Rice Pudding ✓	Apple Crumble with Custard ✓	Fruit & Jelly with Ice Cream ✓
Daily Options					
Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					
WEEK 1 30 OCT, 20 NOV, 11 DEC, 1 JAN, 22 JAN, 19 FEB, 11 MAR					
MEAT SERVED AT THIS SCHOOL IS HALAL & NON HALAL					
KEY: ✓ - Vegetarian (V) - Plant Based (P) - Sugar Smart (S) - New Dish (N) - In association with Forest Green Rovers					
DINEin AND DISCOVER					

Lab Coats/Aprons Shout Out



We are not actually asking for lab coats or aprons but need something that would work well to cover up when children are painting in school. Could we please ask for donations of old adult shirts as they work brilliantly as aprons! If you have any of those, please drop them off for us at the school office. Thank you

World Book Day



World Book Day is on Thursday 7th March. To celebrate, we will be asking children to dress up. This is an effective way to encourage children, particularly reluctant readers, to engage with reading. It can also help children to express their personal reading choices and share reading recommendations. Children being dressed up also changes the learning environment to one which is more playful. We do not expect you to spend money on costumes, so we thought that half term could be the perfect time to start getting crafty in preparation! Here are some useful websites, with some ideas for costumes:

<https://www.madeformums.com/toddler-and-preschool/last-minute-easy-world-book-day-costumes/>

<https://www.busythings.co.uk/blog/easy-world-book-day-costume-ideas/>

New Vocal Academy

A poster for the New Vocal Academy. It features a microphone icon and the text 'NEW Vocal Academy launching soon!'. Below this, there are four photos: a group of children in school uniforms, a girl singing into a microphone, a boy playing a guitar, and a group of children in a choir. The text 'Tuesday evenings at Westfield, starting 20 February' is prominently displayed. Below this, it says 'Vocal Academy is our singing progression offer for children and young people, led by Newham Music's dynamic vocal teachers. Students will be given opportunities to take part in projects and performances.' The schedule is listed as follows: 4-5pm - Singing Stars Choir for KS1, 5.15-6.15pm - Junior Repz Choir for KS2, and 6.30-8pm - Senior Repz Choir for KS3. It ends with 'Find out more and register [here](#).'

NEW Vocal Academy launching soon!

Tuesday evenings at Westfield, starting 20 February

Vocal Academy is our singing progression offer for children and young people, led by Newham Music's dynamic vocal teachers. Students will be given opportunities to take part in projects and performances.

4-5pm - Singing Stars Choir for KS1

5.15-6.15pm - Junior Repz Choir for KS2.

6.30-8pm - Senior Repz Choir for KS3.

Find out more and register [here](#).

January - March Activities Calendar

A poster for the Stratford and West Ham Children's Centre Activity Programme. It features the title 'STRATFORD AND WEST HAM CHILDREN'S CENTRE ACTIVITY PROGRAMME' at the top. Below this, there are several circular images showing children engaged in various activities like reading, playing, and drawing. The text 'FREE ACTIVITIES FOR CHILDREN UNDER THE AGE OF FIVE' is prominently displayed. Below this, it says 'Call us on: 0208 534 3136 Option 4', 'Rebecca Cheetham Children's Centre, Marcus Street, Stratford, E15 3JT', and 'Visit our website: rebeccacheetham.newham.sch.uk'. There is also a QR code and a small logo for 'Newham London'.

Half Term at Westfield

A poster for an audition for 'The Stopping Place'. It features a blue background with a white mask icon and the text 'Audition for 'The Stopping Place''. Below this, it says 'Broly Productions and Newham Music are holding auditions to find young people to join our core group of performers for our production of 'The Stopping Place', being performed in Summer 2024. The show is a powerful large-scale new music theatre work drawing on music of the Roma tradition, staging the history of the Roma holocaust with a chorus, choir and orchestra drawn from secondary schools in Newham.' The date and time are '13 February, 2.30-5.30pm, free'. The location is 'Newham Music Hub: Westfield Stratford City'. It says 'Sign up for an audition slot [here](#).' Below this, there is a photo of a group of children in black t-shirts with 'Newham Music' on them. To the right, there is a section titled 'Half Term @ Westfield' with a list of activities: '12 + 14 February Taiko Drumming', '12-14 February First Steps: Early Years', '15-16 February Gig School - make a band!', and '16 February Open Mic for 12-17s'. It ends with 'For more information visit newham-music.org.uk/whats-on'.

Eyes to the Skies



Friends of
West Ham Park



Eyes to the Skies

Please
bring your
own binoculars
if you have
them (for both
events)

STAR GAZING & BIRD WATCHING WEEKEND

West Ham Park E7 9PU

Friday 16th, Saturday 17th
& Sunday 18th February 2024

STAR GAZING Friday & Saturday evening 6.30-7.30pm (weather permitting)

Meet at South Gate on Portway just before 6.30pm

BIRD WATCHING Saturday & Sunday morning 10-11.30am

Meet outside the Community Vegetable Garden at 10am

Keep up to date with our activities — [friendsofwesthampark.co.uk](https://www.friendsofwesthampark.co.uk)
Follow us on Facebook — facebook.com/FriendsOfWestHamPark
And now on Instagram! — www.instagram.com/fwhp_e9
Drop us a line — hello@friendsofwesthampark.co.uk

City of London, West Ham Park, Upton Lane, E7 9PU
WestHamPark@cityoflondon.gov.uk



Royal Academy Summer Show

Ms Rawle has signed our school up for this year's Royal Academy Summer Show. There is no theme and children can submit one piece of artwork.

They can apply by emailing info@park.newham.sch.uk (FAO Ms Rawle) a photo of their work, alongside its title, size and a little about why they've made it. Ms Rawle will then submit it for the children.

They can also apply online. More information here: <https://youngartists.royalacademy.org.uk/get-involved>



[2023 Online Exhibition \(which Park is part of\)](#)

Half Term Intensive Swimming Lessons

INTENSIVE Swimming Lessons

Join us this Half Term for crash course lessons
for all stages from Ducklings (3 ½ years)
through to Stage 7 (5 years +) and adults.

Dates: Monday 12th February -
Friday 16th February 2024

Length: 30 minutes/ day for kids
45 minutes/day for adults

Cost: £30 for children
£40.50 for adults
£22 for concession

Location: Atherton, East Ham
& Newham Leisure Centre



Limited spaces are available, so book
now to avoid disappointment.
Bookings can be made through our
Customer Service Centre:

0300 124 0123

Please note: Our Call Centre is open
Monday - Friday from 9am - 4pm.



active
newham

Bikeability Cycle Training - Half Term

**February half term - FREE Bikeability Cycle
Training for children aged 9 to 16 years
Training with Cycle Confident
www.cycleconfident.com**

FREE Children's 'On-Road' Bikeability cycle training for
ages 9 years and over. Children do not need to own a
bike and they must be able to
ride a bike confidently.
Places available on a first come
first served basis.



Please ensure your child can attend the full 5-day
course before booking.

Venue: Stratford School Academy, Upton Lane,
London E7 9PR

Dates: Monday 12th February – Friday 16th February
2024

Times: Morning session 09:45 a.m. – 12:00 midday.

[Link for Morning session](#) for full details and joining
instructions

Afternoon session 1:00 p.m to 3:15 p.m

[Link for Afternoon session](#) for full details and joining
instructions

Newham Educational Psychology Service

Please click on the image to access

Newham Educational Psychology Service



**Parent Advice Service with an
Educational Psychologist (EP)**

Inclusion Matters Newsletter

Please click on the image to view the newsletter:



NHS Support Line for Families



Weekday evening support line for families with children 0-5 years

Now with extended hours for the phone line of 5-10pm, Monday-Friday.



To support you over winter with common childhood illnesses, you can now call us to speak to our nurse on 0203 373 9983 between 5-10pm, Monday-Friday.

We can offer advice on:

- Crying baby
- Rashes
- Temperature
- Baby not sleeping well
- Feeding support
- Cough and colds
- Colic

In an emergency contact 111 or 999

[newham.gov.uk](https://www.newham.gov.uk)



5-10pm

WE ARE NEWHAM.